



Meals on Wheels  
Blacktown

More  
than just  
a meal

# Volunteer Newsletter

November/December 2022



## From the Manager

Dear Volunteers,

What a fabulous time we had at the Volunteer's End of Year Celebration held at the *Blacktown Workers Club* on Thursday 8th December.

Forty-four people attended with *Awards for Years of Service* going to Arthur Simpson, Jill Stewart, Sharon Campbell, Cheryl Crowe and Anna Redman.

We enjoyed a lovely Buffet lunch, drinks, lucky door prizes, and a good catch up. It was great to see everyone out and enjoying themselves.

I would like to acknowledge the wonderful crew at *Blacktown Workers Club* for sponsoring this event for us.

We have a busy two weeks as we wind up for the Christmas break. The clients have their party on Monday 12th December and Christmas hampers will start to go out with deliveries over the next two weeks. Expect extra eskies in your deliveries as we provide meals to cover the Christmas closure.

On behalf of myself and the staff at BMOW I would like to *thank you* all for the wonderful work you do.

Wishing you all a safe and happy Christmas and we look forward to doing more of the same in 2023.

Best wishes,

Karen

Merry  
Christmas



## A note on Christmas closures

The office closes on 23rd December 2022 at 2pm and reopens 3rd January 2023 at 8am.

Our phone will not have a leave message option during this Christmas closure period. Please call back during business hours.

## Introducing BMOW's Management Committee

Each month we will introduce to you a member of the BMOW Management Committee. But first, *what is a Management Committee?* The committee (sometimes called the 'committee of management' or 'board') is responsible for managing the affairs of the association, in accordance with its constitution and the Associations Incorporation Act 2009 (the Act).

The role of the committee includes:

- managing the association's financial affairs and maintaining its financial viability
- ensuring the association acts in accordance with its objectives or purposes
- meeting all legal requirements.

This month, we introduce Nitisha Agarwal, Secretary of the Committee

From Nitisha, *"Hi all, my name is Nitisha and I am excited to join Blacktown Meals on Wheels as the Committee Secretary. I am a Chartered Accountant by profession and have been working in NSW's public sector for almost 5 years now. I have been volunteering since high school and love contributing to my local community. I am looking forward to positively impacting Blacktown MOW's governance and committee practices and further improve our community service offerings."*



## BMOW hosts a Photo Shoot

At the end of October, some of our volunteers and clients were involved in a photo shoot with *NSW Meals on Wheels*. All were given a *boomerang bag* as a part of the campaign to raise awareness about the single-use plastic ban. The wonderful photos on Page 1 of this newsletter were taken during the event, as well as some more photos pictured above. It was a busy day in the restaurant that day as we hosted five people from *NSW MOW*. Thank you to all that participated.



## Corporate volunteers day at BMOW

On Friday 4th November, *Blacktown Meals on Wheels* hosted some volunteers from the management consulting firm, *McKinsey and Company* (picture left). Corporate volunteering is a great way for others in the community to get a firsthand experience into what we do daily. Feedback from the organiser was that the volunteers left feeling inspired by the community spirit.



## October Volunteer of the Month

### ***Tess McBrearty***

The lucky winner of the Volunteer of the Month raffle for October is Teresita (Tess) McBrearty.

Tess has been volunteering with us since 2nd February 2021.

*What do you love about volunteering with Meals on Wheels?*

“To meet new people and reduce the stress of clients living alone. I enjoy contributing to the community being involved in a good cause”.

*What is a little known fact about you?*

“I love travelling overseas and cruising.”

Congratulations, Tess!



## Premier's Gala Concert tickets

We have free tickets available for the 2023 Premier's Gala Concert on **Friday 3rd February at 11am**. If you are interested, please call Rey or Karen at the office.

Limited tickets available.

## November Volunteer of the Month

### ***Karen Jackson***

The lucky winner of the Volunteer of the Month raffle for November is Karen Jackson. Karen has been volunteering with us since 15th June 2022 and has been a great addition to the team. Karen is always readily available to help out where needed and has been doing three shifts per week covering for people on leave in various roles.

*What do you love about volunteering with Meals on Wheels?*

“I enjoy helping out and meeting the clients as well as talking to the other volunteers and making new friends.”

*What is a little known fact about you?*

“I belong to ‘Friends of St. Johns Cemetery Parramatta’ group and we do a lot to keep the Heritage listed cemetery in existence. I also enjoy researching the people buried in the cemetery and their history. The cemetery has been in existence since 1790 and is the oldest colonial cemetery in Australia”

Congratulations, Karen!





## End of Year Celebration

We had our Volunteer End of Year Celebration on Thursday 8th December where we acknowledged five volunteers with *Years of Service* awards. Congratulations to Anna Redman and Cheryl Crowe for 5 years of service each, Sharon Campbell and Jill Stewart (absent on the day) for 10 years of service each, and Arthur Simpson for 15 years of service.

Awards were presented by BMOW Chair, Anna Redman and Deputy Chair, David Walsh and Volunteer Coordinator, Rey Lum.

