



Meals on Wheels
Blacktown

More
than just
a meal

Volunteer Newsletter

June 2023

From the Manager

Hi Everyone,

We have been enjoying some beautiful sunny Autumn days lately, we were fortunate to have one of these sunny days on our recent trip up the Hawkesbury River. We had a lovely 3-hour cruise on the Riverboat Postman as we dropped off bags of mail to customers living on the river. On the cruise, we had a lovely morning tea, lunch, and commentary on the history of the mail run. Thank you to those who joined us and for your wonderful feedback. Some photos are included in this newsletter.

With Winter fast approaching, we need to remember that if we are feeling at all unwell, it is best to let us know so that we can replace your shift. COVID is on the rise, with the Blacktown LGA having the highest number of cases in NSW. Please look after yourselves and be mindful of others as we continue to work through these colder months. That being said, as people bunker down through Winter, we are proud to keep providing social contact to those isolated clients through our Social Days and the work of Volunteers, so thank you.



Volunteer Event

Thank you to all who were able to attend our Volunteers Event on the Riverboat Postman to celebrate National Volunteers Week. We all had a lovely day and were lucky enough to have such great weather. We look forward to seeing you all at our next event.

Volunteer of the Month - Veronica Henry

Veronica has been volunteering with us since June 2020.

What do you love about volunteering with Blacktown Meals on Wheels?

"I just love to see the looks of appreciation on the clients faces."

What is a little-known fact about you?

"I love to entertain with family and friends."



Ongoing renovations affecting meal runs

Thank you to all volunteers that have been flexible in working with us and keeping to time slot allocation to facilitate meal deliveries.

These works are still ongoing. We appreciate your understanding, cooperation, and flexibility during these times.

We are looking forward to the completion of the works and our new freezer which will allow us to store more meals as we grow our client base.

We are also having some problems with our phones which we are having trouble resolving with our provider. Please let us know if you are having trouble getting through to us or alternatively email volunteer@blacktownmow.com.au

Office Closures

The office will be closed on

- Monday 12 June - public holiday
- Monday 19 June - staff training

There will be no Social Day Restaurant on these dates, however, all Monday clients will be given the option to attend our Social Day Restaurant on the Tuesdays instead.

Some Reminders

- Membership to Blacktown Meals on Wheels Inc. is due for renewal by 30 June 2023. If you are a current member, please ensure you have completed and returned your membership renewal form with \$2 by 30 June 2023. Please note, if your current membership expires (1 July 2023) you will need to complete a New Member form.
- If you are not a current member but would like to join the Association, please see Rey for an Application of Membership form for completion and return with \$2 by 30 June 2023.
- Meal run drivers – Have you recently renewed your car registration, insurance, or Driver's license? If so, please ensure you provide us with a copy via email volunteer@blacktownmow.com.au or hand in to the office so we can update your records accordingly.
- Mobile number for the office 0403 868 485 (Meal Runs only). This number is specifically for Volunteers on a meal run to ensure the call does not end up in a queue and is answered as a priority. **Please do not give this number to clients** as they need to contact our office number only 02 9622 6183.

Save the Date: Volunteer Training

We will be holding some Volunteer Training on Thursday 29 June 2023, 10am - 1pm, lunch included. Please save the date as it is strongly recommended that you all attend this training. More information to come.

If you have any feedback, questions, or notice any hazards while volunteering, please advise the office immediately 9622 6183



Gribble Place BLACKTOWN

Ph: 9622 6183

Office hours: 8am to 4pm Monday to Friday

Email: volunteer@blacktownmow.com.au