



Meals on Wheels
Blacktown

More
than just
a meal

Volunteer Newsletter

May 2023

From the Manager

In May each year we celebrate *National Volunteers Week*. It is Australia's largest annual celebration of volunteering and will be held on 15 – 21 May, 2023. The theme for this year is **The Change Makers**. The week-long event recognises the vital support that the millions of volunteers in our country provide to their communities and encourages people to consider

volunteering. *National Volunteer Week 2023* is a celebration of our power to drive change and ensure volunteering is inclusive of all members of the Australian Community.

At BMOW, we invite you to join us on an outing to the Hawkesbury River to join the Riverboat Postman on a 3-hour trip which includes morning tea and lunch. This is our way of celebrating what you do and thanking you for your ongoing support of our organisation and the local community. Please RSVP to the office. We have limited transport available.

I hope to see you on the 18th.

Karen

NATIONAL 15-21 MAY 2023
VOLUNTEER
THE CHANGE MAKERS WEEK



Riverboat Postman outing for volunteers 18 May

A reminder to RSVP for our upcoming Volunteers Week outing on the Riverboat Postman, if you haven't done so already. Please also confirm if you will be attending on the bus and if you have any dietary requirements.

When: Thursday 18th May 2023

Where: The Riverboat Postman,
Dangar Rd, Brooklyn NSW 2083

Time: 8am at BMOW office (if catching Bus with BMOW) or
9:45am to meet us there

Morning tea and lunch is provided.



We are looking forward to seeing as many of you who can make it for what should be a great day out. This is our way of thanking you for all the great, integral work you all do - especially during National Volunteers Week, 15 - 21 May!

Volunteer of the Month - Cheryl Crowe

Cheryl has been volunteering with us since May 2017

What do you love about volunteering with Blacktown Meals on Wheels?

"I love the interaction with the people I deliver meals to. I enjoy chatting to them and bringing smiles to their faces."

What is a little-known fact about you?

"I am a crazy cat lady. I have eight cats which are all rescues. I also enjoy going to musicals, theatre, and live concerts"



Renovations: Meal runs affected

We are undertaking refurbishment of our freezers from Wednesday 26 April, 2023. These works are expected to last for approx. 1 month.

We will be having to allocate certain times for Meal Run Drivers and Helpers to attend for their Run to ensure Food Safety Standards are adhered to. The time allocation will be communicated with each Driver and Helper accordingly via email or phone. Please note the time allocation may be earlier or later than your usual times. Please ensure that you refer to the email that is sent with your Run information and ensure you are here for your allocated time or contact the office to confirm.

Meals will also need to be collected via the Dining Room as there will not be access to the packing room during these works.

Please ensure you continue to follow the 2-hour meal delivery time-frame.

Thank you for your patience and understanding.

Client communication

A reminder, if a client communicates any changes to their circumstances or deliveries, please advise them to contact the office ONLY. We have had a couple of instances where important information was not passed onto our office affecting our service delivery. To avoid any miscommunication, please advise the client to contact the office to ensure the relevant service is updated, thank you.

Some reminders

- If you are a Meal Run Driver and you have recently renewed your car registration, insurance, or driver's license, please ensure you provide us with a copy so your record can be updated
- Priority Number for the office (Meal Runs only). Please contact the office mobile for any issues, questions, or concerns whilst on a Meal Run. Save the phone number into your phone; 0403 868 485. This is to ensure your call does not end up in a queue and is answered as a priority to ensure we can resolve any concerns.



Membership renewals for BMOW

Memberships are due for renewal by 30 June, 2023. To renew your current membership please complete the attached renewal form and return it to the office with your \$2 membership fee.

If you are not a current member but would like to join the Association, please see Rey for a *New Member* form. If your current membership expires (1 July 2023) you will need to complete a *New Member* form.

If you have any feedback, questions, or notice any hazards while volunteering, please advise the office immediately 9622 6183



Gribble Place BLACKTOWN

Ph: 9622 6183

Office hours: 8am to 4pm Monday to Friday

Email: volunteer@blacktownmow.com.au