

## We provide nutritious meals that are flexible to your needs, with no contracts.



Meals on Wheels provides meals to suit a customer's personal requirements and can accommodate special dietary needs, cultural and food preferences.

To arrange meals for yourself or a loved one, please contact your local Meals on Wheels Service or call us on 1300 679 669.

www.nswmealsonwheels.org.au













M-P1-English