



**Meals on Wheels**  
New South Wales

# We deliver 4.5 million meals in NSW each year



More than just a meal

Meals on Wheels provides a nutritionally balanced meal to frail aged people, people with a disability and their carers. The service is not means tested.

To find out more, visit our website.

[www.nswmealsonwheels.org.au](http://www.nswmealsonwheels.org.au)



Commonwealth Home Support Programme (CHSP) Meals Available



Home Care Package (HCP) Meals Available



We support the ndis



Full Fee Meals Available

M-P2-English