Decoration ideas for the Holiday Season

Add some personalised PIZZAZ to your Festive Table this year with these easy to follow, step by step instructions for creative serviettes

Meals on Wheels
New South Wales

December 2021 wellness calendar

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1. Open the napkin and lay on a flat surface

2.Start by pulling one layer from the bottom towards the top leaving a 2cm gap

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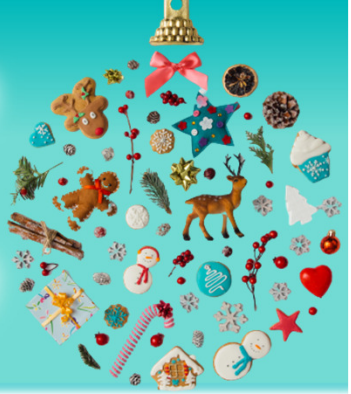

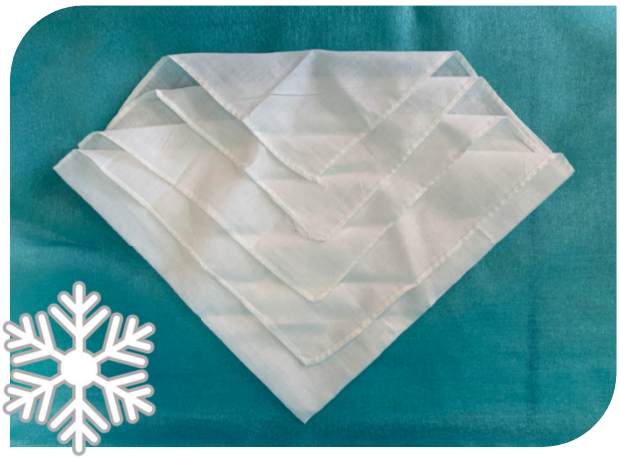

4. Continue step 3 four more times.

5.Carefully flip the napkin over

6. Fold both side of the napkin.
Forming a kite shape

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7. Carefully flip the napkin over. Keeping the folds in place.

8. Starting from the top, fold one layer at a time and tuck in the tip

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