



Meals on Wheels  
Blacktown

More  
than just  
a meal

# Volunteer Newsletter

October 2022

## Announcements

### Save the Date! End of Year Celebration

Our End of Year Celebration is booked for

**Thursday 8<sup>th</sup> December**

**2022.**

Please save the date,  
more information to  
come!

December 2022						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Thursday, 8 December 2022

### Social Days

Our Social Days have now resumed and will be run on Mondays and Tuesdays. We also will be taking clients on monthly bus trips.

Please speak to Rey for more information if you are interested in volunteering for these days.

### Annual General Meeting

Our Annual General Meeting was held on 18<sup>th</sup> October. Thank you to all those members who were able to attend and show your support to the organisation.

We welcome our new Committee of Management as follows:

Anna Redman	<i>President</i>
David Walsh	<i>Vice President</i>
Basab Roy	<i>Treasurer</i>
Nitisha Agarwal	<i>Secretary</i>
Geoff Stewart	<i>Committee Member</i>
Kathleen Breen	<i>Committee Member</i>



### Volunteer Working Group - brochure distribution project

We are looking for up to 6 Volunteers to assist with the distribution of our information brochures to a list of approved Medical Centres in the Blacktown LGA.

Please speak to Rey if you are interested and would like more information.

### Face Masks

It is no longer mandatory to wear a face mask when attending for your shift however they are still highly recommended. Please wear masks at your own discretion.

### We won an award

Blacktown MOW received an *Innovation Award 2022* for the work assisting the community through the Covid-19 hard lockdown period late last year.



## Volunteer of the Month Marilyn McFadyen

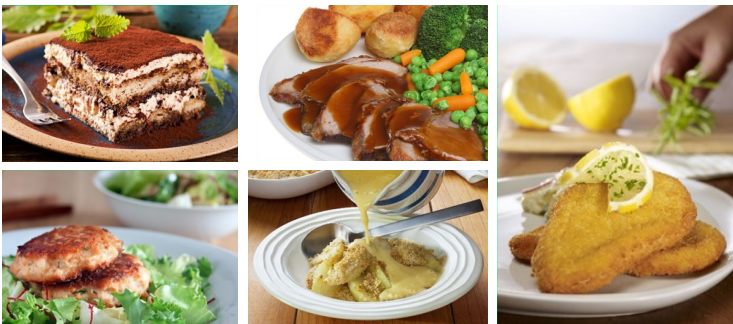
The lucky winner of the Volunteer of the Month raffle for October is Marilyn McFadyen. Marilyn has been volunteering with us since 1<sup>st</sup> July 2019.

### What do you love about volunteering with Meals on Wheels?

"I enjoy seeing the clients and seeing their smile on their face and engaging in conversation with them"

### What is a little-known fact about you?

"I love cruising and going on cruising holidays and the retired life. I am looking forward to my upcoming cruise at the end of the month going to Hawaii"



### New Menu

We have sent our clients a copy of the new menu, it has some great new choices. The delivery of the new menu commences from the 1<sup>st</sup> November.

Please ask clients to call the office if they have any questions.

### From the CEO of Volunteering Australia

In response to the latest budget, the CEO of Volunteer Australia, Mark Pearce, has commended the Treasure's commitment to 'measuring what matters'.

*"We support the aspiration for a Budget process that better reflects what people value."* Pearce said. *"Australians value volunteering and the wellbeing benefits it brings to individuals, communities, and the nation ... it is essential that volunteering is included in the frameworks and metrics that are used to track wellbeing and to guide the allocation of spending."*

The Treasure also highlighted the crucial role of



volunteers in crisis resilience, pledging \$38.3 million to Disaster Relief Australia for the National Veteran Volunteer Service.

Mark Pearce said, *"The additional funding ... will lead to a total of around 6,700 veterans to provide over 13,600 volunteer days per annum. Through volunteering, this initiative will help provide wellbeing and sense of purpose for ADF veterans."*



*Towards a*  
**National Strategy  
for Volunteering**



Gribble Place BLACKTOWN

Ph: 9622 6183

Office hours: 8am to 4pm Monday to Friday

Email: [volunteer@blacktownmow.com.au](mailto:volunteer@blacktownmow.com.au)

Do you have any feedback, compliments, or complaints? Contact the office to speak to staff or the Manager.

*Feedback is always welcome!*