



Meals on Wheels

President: Mr. Michael Hall

Secretary: Mrs. Patricia Balcombe

MEALS ON WHEELS

TAMWORTH

PO Box 371

328 Goonoo Goonoo Road, Tamworth.

NSW 2340

ABN 51 259 523 719

Phone: (02) 6765 8999

E-Mail: info@mow.org.au

Volunteer Availability Form

Volunteering preference: Driving / Kitchen / Other

Preferred delivery location area: _____

Availability: Weekly / Fortnightly / Monthly

<u>Day</u>	<u>Availability</u>	<u>Notes</u>
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		

Delivering with (Optional): _____

Sign: _____ Date: _____