

HOME CARE PACKAGE CLIENT MENU



Sep-26

"Delivering across the Greater Hume Region."

114 Albury Street, Holbrook. Ph: 02 6036 3677

Email: office@holbrookmealsonwheels.com.au



DATE: _____

NAME: _____

ADDRESS: _____

PHONE: _____

OFFICE USE ONLY	
Packed	
Ent. Polixen	
TOTAL	

DELIVERY: YES / NO

DELIVERY DATE: _____

FRESH SALADS & SANDWICHES	PRICE	QTY
Salad with cold meat		
Sandwiches		
PETITE MEALS - FARM DOOR		
Beef Curry Sausages w/ Mash & Veg		
Beef Shepherd's Pie w/ Veg (GF)		
Beef Lasagne & Veg		
Chicken Honey Curry w/ Rice (DF)		
Chicken Apricot w/ Mash		
Chicken & Mushroom Casserole		
Chicken Mornay w/ Spiral Pasta		
Chicken Roast w/ Gravy & Potato (GF,DF)		
Pork Sweet & Sour w/ Rice (GF)		
Pork Roast w/Gravy & Potato (GF,DF)		
Tuna Mornay w/ Mashed Potato		

SOUP - MOW	PRICE	QTY
Tomato (GF)		
Chicken and Corn (GF,DF)		
Chicken Noodle (DF)		
Beef & Vegetable (GF,DF)		
Chicken & Vegetable (GF)		
Creamy Pumpkin (GF)		
Leek & Potato (GF)		
Minestrone (DF)		
Pea & Ham (GF,DF)		
JUICE - Price is per single juice box		
Apple		
Apple & Blackcurrant		
Bread Rolls		

PETITE MEALS - MOW	PRICE	QTY
Beef Rissoles & Veg (GF)		
Beef Corned & Veg (GF)		
Beef Mince & Potato Bake (GF,SR)		
Beef Slow Cooked		
Lamb Casserole w/ Mash (GF,DF)		
Lamb Roast & Veg (GF,DF)		
Barramundi with Lemon butter w/veg		
Garlic Prawns w/rice		
Prawns Curried w/ Rice (GF)		
Wine Donated by Casella - 1 per week or delivery	PRICE	QTY
Merlot	N/A	
Sauvignon Blanc	N/A	
Shiraz	N/A	
Cabernet Sauvignon	N/A	
Pinot Grigio	N/A	
Chardonnay	N/A	

DIET LEGEND
GF - Gluten Free, DF - Dairy Free
LF - Low Fat, HF - High Fibre, S - Soft
LS - Low Sugar, SR - Salt Reduced,

HOME CARE PACKAGE CLIENT MENU

BEEF MAIN - FARM DOOR	RETAIL	QTY	BEEF MAIN - MOW	RETAIL	QTY	DESSERTS - FARM DOOR	RETAIL	QTY
Beef Bourguignon w/ Creamy Mash (GF)			Beef Cottage Pie w/ Mash & Veg (S,GF,SR)			Baked Vanilla Rice Pudding (S,GF,LS,LF)		
Beef Curry Sausages w/ Mash (S)			Beef Casserole w/ Mash & Veg (GF,DF)			Chocolate Mousse (S,GF,LS,LF)		
Beef Grilled Sausages w/ Gravy & Mash			Beef Roast w/ Mash & Veg (GF,DF,LF,SR)			Chocolate Bavarian Pie (S)		
Beef Lasagne & Vegetables (S)			Beef Corned, Mash & Veg (GF)			Pavlova & Blueberries (S,GF)		
Beef Savoury Mince & Mash (GF)			Beef Meatloaf, Gravy & Veg (GF)			Plum Pudding & Custard (S)		
Beef Shepherd's Pie & Veg (GF)			Beef Stroganoff w/ Mash & Veg (GF)			Sherry Trifle & Custard (S)		
Beef Spaghetti Bolognese w/ Veg			Beef Rissoles & Veg (GF, SR, LF)			Baked Lemon Pudding w/ Custard		
Beef & Pork Meatballs w/ Spaghetti			CHICKEN MAIN - MOW			Fruit Salad (GF)		
CHICKEN MAIN - FARM DOOR			Chicken Sweet & Sour w/ Rice & Veg (GF,DF)			Mango Frozen Yoghurt		
Chicken Roast & Veg (GF,DF)			Chicken Casserole w/ Baked Potato (GF)			DESSERTS - MOW		
Chicken French Casserole w/ Mash (GF)			Chicken Kiev & Veg			Apple Pie & Cream		
Chicken & Mushroom Casserole			LAMB MAIN - MOW			Lemon Cheesecake		
Chicken Mornay w/ Spiral Pasta			Lamb Casserole w/ Mash & Veg (SR,GF,DF)			Lemon Meringue Pie		
Chicken Parmigiana, Mash & Veg			Lamb Rissole w/ Mash & Veg (GF)			Sticky Date Pudding		
Chicken Butter Curry & Rice (GF)			PORK MAIN - MOW			Bread & Butter Pudding		
Turkey Roast, Gravy & Roast Potato			Pork Sausage, Mash & Veg (DF,GF)			Berry Crumble & Custard (GF)		
LAMB MAIN - FARM DOOR			Pork Honey & Pineapple Casserole (GF)			Apple Crumble (GF)		
Lamb Roast & Veg (GF,DF)			SEAFOOD MAIN - MOW			Berry Cheesecake (GF)		
Lamb Shanks & Mash (GF)			Prawns Curry & Rice (SR,GF)			Double Chocolate Pudding		
PORK MAIN - FARM DOOR			Salmon & Veg Patties			Bulla Ice Cream Cup		
Pork Roast w/ Gravy & Potato (GF, DF)			Barramundi, Rice & Veg (GF,LF,SR)					
Pork Sweet & Sour w/ Rice & Veg (GF,DF)			SEAFOOD MAIN - FARM DOOR					
Quiche with Bacon, Spinach & Cheese			King Prawns in Garlic Sauce					
			Fish Baked & Veg (S,GF)					
			Fish Crumbed & Wedges					

PUREED MEALS ARE AVAILABLE, PLEASE CONTACT THE OFFICE FOR MORE INFORMATION