



KIAMA FOOD SERVICES
NEW STOCK FROZEN MEAL ORDER FORM
4232 3735
Kiamamow@bigpond.net.au

Name: _____ Delivery Date: _____ Run: _____

Regular Meal \$8.90 FROZEN MEAL MENU SELECTIONS	
MAIN MEAL BEEF	QUANTITY
Roast Beef & Gravy	
Lasagne with Veg	
Beef Rissoles & gravy	
Sausages & gravy	
Hearty Beef Casserole	
Meatloaf with Gravy	
Spaghetti Bolognaise	
Corned Beef in White Sauce with Mashed Potato	
Cottage Pie	
Curried Sausages	
MAIN MEAL CHICKEN \$8.90	QUANTITY
Roast Chicken & Gravy	
Chicken Schnitzel with Vegetables	
Apricot Chicken	
Mild Chicken Curry Casserole	
Honey Soy Chicken with Fried Rice	
Chicken Carbonara	
Chicken Parmigiana	
MAIN MEAL PORK \$8.90	
Roast Pork	
Quiche Lorraine	
Pork Stir Fry with Hokein Noodles	
MAIN MEAL FISH \$8.90	QUANTITY
Crumbed Fish with Mash	
Fish & Chips	
Tuna Patties with Sweet Chilli Sauce	
Curried Prawns with Rice	
Barramundi with Lemon Butter & rice	

MAIN MEAL LAMB \$8.90	QUANTITY
Roast Lamb & Gravy	
Lamb Curry with Rice	
Irish Lamb Stew	
VEGETARIAN \$8.90	
Creamy Pasta with Vegetables	
Spaghetti Veganaise	
Vegetarian Parmi with Roast Potatoes	
DESSERT \$3.75	QUANTITY
Apple Crumble	
Vanilla Tea Cake	
Lemon Cheesecake Mousse	
Sticky Date Pudding	
Bread & Butter Pudding	
SOUPS \$3.75	QUANTITY
Potato and Leek Soup	
Pumpkin Soup	
Beef & Vegetable	
Pea & Ham	

The meal you have selected may be out of stock due to supplier shortages. At all times we will aim to deliver the meals you have selected from the menu.

MEAL INGREDIENTS

Contact the office if you require a list of the meal vegetable accompaniments or a full list of meal ingredients.

SPECIAL DIET REQUIREMENTS

We can also provide information on meal menus which are suitable special dietary requirements

PLEASE NOTE

21/07/2026